



Chakra Work and
Embodiment (CWE) Series
Part Two in Jan-Mar 2020

**Image, Intuition,
and Mature
Understanding**

Lesson 2

"Creating Connections"










Thelma Natasuwarna Wuisan

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This is a developing practice structured by Thelma KARMARATI. This information here is intended for relevant workshop at KARMARATI and for participant's personal use only.

February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
		 				
9	10	11	12	13	14	15
		 				
16	17	18	19	20	21	22
						
23	24	25	26	27	28	29
		 				

Schedule and Signs

 Lesson 2

 Practice 2

 Lab 2: Begin your posts about your practice

 Live Discussion

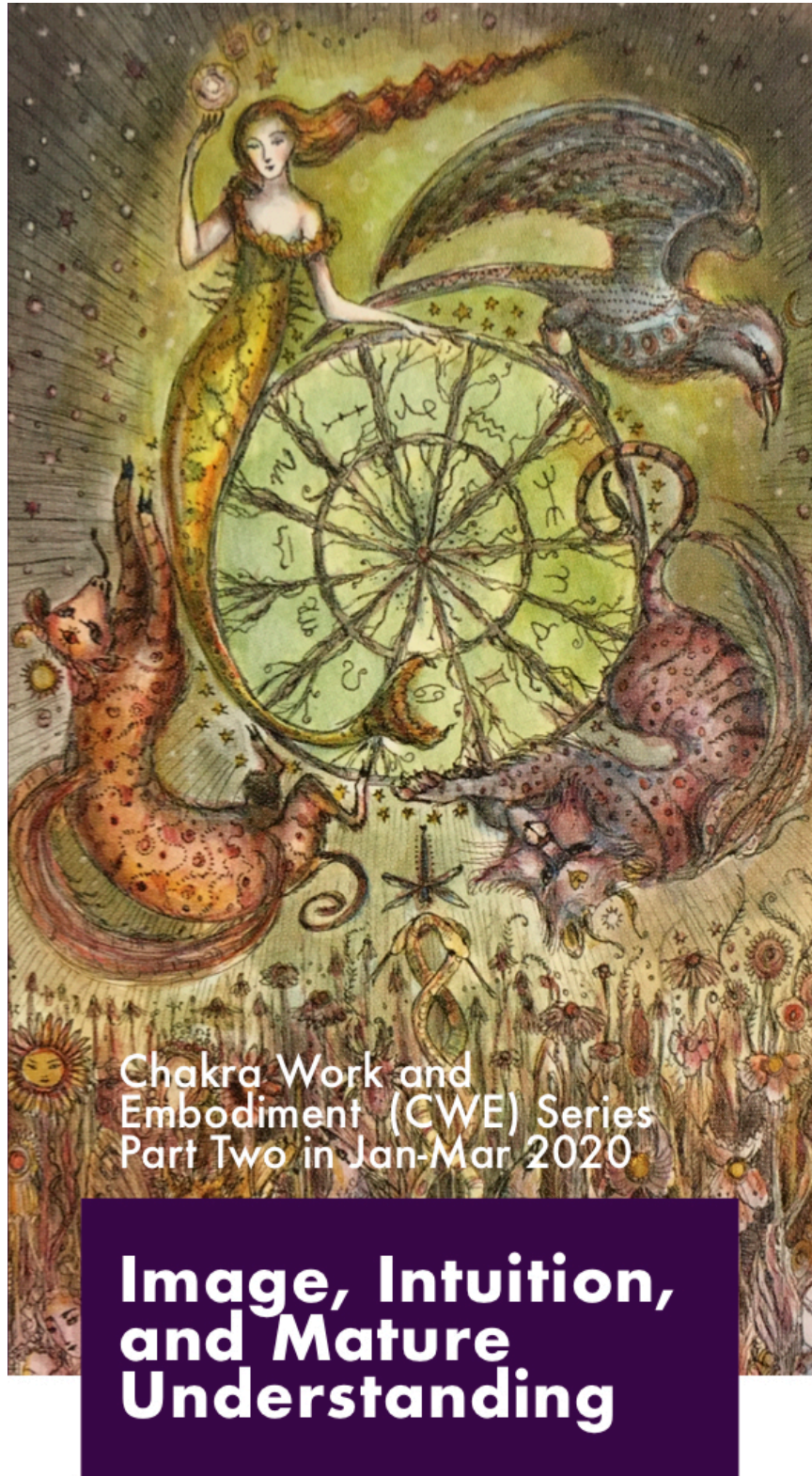
Interconnection



~ Ace of Pentacles ~

- The things we avoided.
- The things we ignored.
- The things we let go.
- The things we allowed.

There are stories behind it all.....



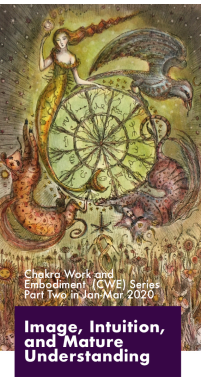
Lesson 2: Personal Stories

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Are We Our Stories?

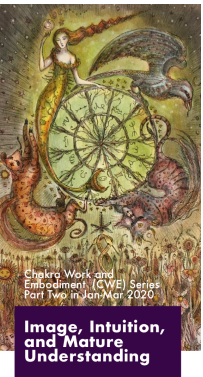


- Identification?
- Attachment?
- Left brain - right brain?
- Alternatives?
- Witness?



**You have the freedom to choose
and to decide however you wish
to connect and to identify yourself
with your stories.**

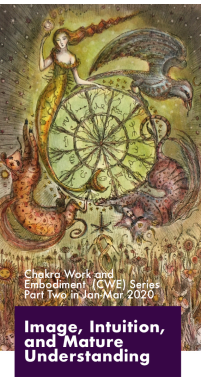
Closure in Personal Stories (1)



- Chapters and time.
- Past, present and future.
- Emotions.
- Completion.
- Learning and evolution.



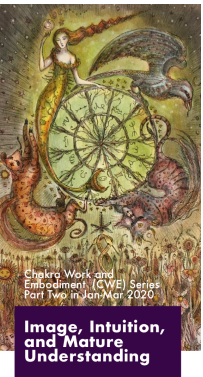
Closure in Personal Stories (2)



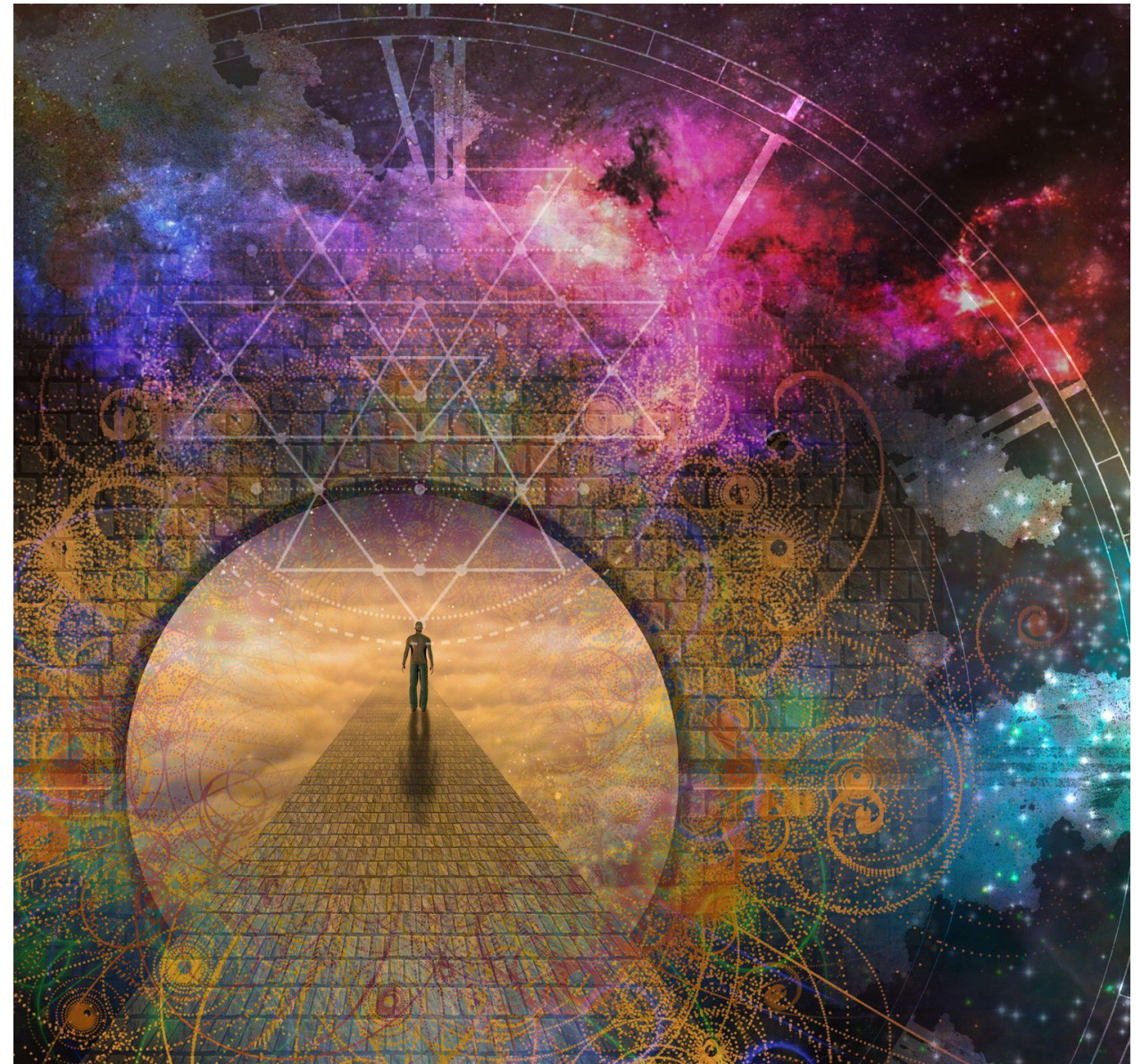
- Ripple effect and redemption.
- Confidence, not fear.
- Gentleness, not righteousness.
- Becoming a witness.
- “Co-ordinating” a role.



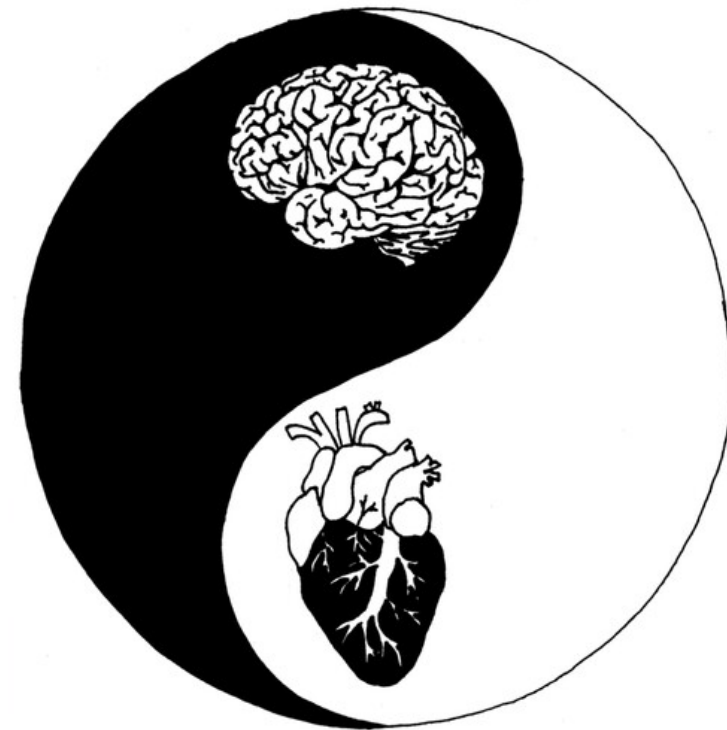
Expansion in Personal Stories

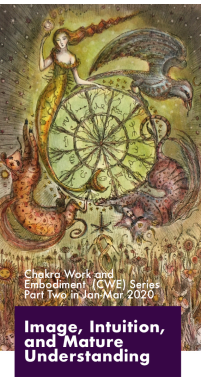


- Ever-changing.
- The alternatives.
- The 'clair' or 'claire' within senses.
- Akashic Records.



Why We Need Positive and Negative?





Notes:

Sejauh ini, pengalaman saya secara mental, emosional dan spiritual adalah

Lesson 2 (cont'd) and Practice 2A (is coming up!)...